

# Schedule-At-A-Glance



## Wednesday, May 1, 2013

8 a.m. – 5 p.m.	AED Board of Director's Meeting	Verdun
11 a.m. – 5 p.m.	Registration	Registration Counter & Outside of Inscription 1 & 2
<b>2 – 6 p.m.</b>	<b>Clinical Teaching Day Workshops</b>	
	<b>A.</b> Genes, Neurotransmitters and Brain Circuits: Key Findings and Implications for Clinical Practice	Mont-Royal
	<b>B.</b> Conducting Specialist Supportive Clinical Management for Anorexia Nervosa	Jacques Cartier
	<b>C.</b> The Theory and Practice of Multi-Family Therapy for Adolescent Eating Disorders	Fontaine H
	<b>D.</b> "Real-World" Application of Cognitive Behavior Therapy to Address Complex and Challenging Issues in the Treatment of Individuals with Eating Disorders	Côte St. Luc
	<b>E.</b> Medical Complications through the Life Cycle	Hampstead
<b>2 – 6 p.m.</b>	<b>Research Training Day Workshop</b>	Le Portage
3 – 5 p.m.	Exhibitor Set-Up	Fontaine A-F
3 – 7 p.m.	Poster Session I Set-Up	Fontaine A-F

## Thursday, May 2, 2013

7:30 – 8:45 a.m.	Finance Committee	Frontenac
8 a.m. – 6 p.m.	Registration	Registration Counter & Outside of Inscription 1 & 2
8 – 9 a.m.	Breakfast with the Exhibitors	Fontaine A-F
8 – 9 a.m.	Special Interest Group (SIG) Chairs Organizational Meeting	Jacques Cartier
8 – 9 a.m.	HLA Chapter Meeting	Le Castillon
8 a.m. – 8:30 p.m.	Exhibits Open	Fontaine A-F
<b>9 – 9:30 a.m.</b>	<b>Welcome and Conference Goals</b> Bryn Austin, ScD, FAED, USA and Nadia Micali, MD, PhD, UK Scientific Program Committee Co-Chairs	Westmount/ Outremont/ Verdun-Lachine- Lasalle
	<b>Presidential Address</b> Dasha Nicholls, MBBS, MD, FAED, UK President	Westmount/ Outremont/ Verdun- Lachine-Lasalle
<b>9:30 – 10:45 a.m.</b>	<b>Keynote Address</b> David Barlow, PhD, USA	Westmount/ Outremont/ Verdun-Lachine-Lasalle
10:45 – 11:15 a.m.	Refreshments with the Exhibitors	Fontaine A-F
<b>11:15 a.m. – 1:15 p.m.</b>	<b>Plenary Session I</b> Emotion Processing and Eating Disorders: Crossing Disciplines from Basic Research to Clinical Practice	Westmount/ Outremont/ Verdun- Lachine-Lasalle
1:30 – 2:30 p.m.	Lunch on Your Own	

# Schedule-At-A-Glance

1:30 – 2:30 p.m.

## Special Interest Group (SIG) Annual Meetings–All Invited

Neuroimaging	Côte St. Luc
Transcultural	Longueuil
Inpatient/Residential Treatment	Mont-Royal
Males & Eating Disorders	St. Michel
Universities	Le Portage
Eating & Sleep	St. Lambert
Body Image & Prevention	Hampstead
Nutrition	Fontaine H
Assessment & Diagnosis	Pointe Aux Trembles
Trauma & Eating Disorders	Outremont
Substance Abuse	Jacques Cartier
Borderline	Fontaine G
Family Based Treatment	Verdun-Lachine-Lasalle

2:45 – 4:15 p.m.

## Workshop Session I

<b>A.</b> Indicators of Recovery: Healthy State vs. Healthy Weight	Westmount
<b>B.</b> New Evidence and Approaches in the Psychological Treatment of Severe and Enduring Anorexia Nervosa	Outremont
<b>C.</b> Getting your Paper Published in the Eating Disorders Literature when English Is Not Your First Language	Côte St. Luc
<b>D.</b> Intensive Treatment Program (ITP) – An Alternative to Inpatient Treatment for Adolescent Anorexia Nervosa	Verdun-Lachine-Lasalle
<b>E.</b> Fantastic Voyage II - Heart, Hormones and Hepatic Dysfunction: Further Explorations into the Medical Complications of Eating Disorders	Le Portage

2:45 – 4:15 p.m.

## Scientific Paper Session I

BED & Obesity	Hampstead
Body Image & Prevention I	Fontaine H
Comorbidity	Fontaine G
Risk Factors for Eating Disorders	Jacques Cartier
Treatment of Eating Disorders I	Mont-Royal

4:15 – 4:45 p.m.

Refreshments with the Exhibitors	Fontaine A-F
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4:45 – 6:15 p.m.

## Workshop Session II

<b>A.</b> Bridging the Research-Practice Gap: Evaluating Your Patients' Progress and Your Treatment Outcomes	Westmount
<b>B.</b> Canadian Prevention Knowledge Exchange Group: Linking Eating Disorder and Obesity Prevention Through Research, Practice and Policy	Le Portage
<b>C.</b> Evaluation and Management of Eating Disorders in Patients with Type 1 and 2 Diabetes	Outremont
<b>D.</b> Clinical Dilemmas in Treating Eating Disorder Patients with a History of Trauma	Verdun-Lachine-Lasalle

# Schedule-At-A-Glance

**E. The Good, the Bad and the Ugly:  
Developing Successful Mentor-Mentee  
Relationships**

*Côte St. Luc*

**4:45 – 6:15 p.m.**

**Scientific Paper Session II**

Children & Adolescents

*Hampstead*

**Diagnosis Classification & Measurement I**

*Fontaine G*

Gender Ethnicity & Culture I

*Jacques Cartier*

Personality & Cognition

*Fontaine H*

Treatment of Eating Disorders II

*Mont-Royal*

**6:30 – 7:00 p.m.**

**Mentor/Mentee Gathering**

*Le Castillon*

**7 – 8:30 p.m.**

**Welcome Reception**

*Fontaine A-F*

**Poster Presentation Session I**

*Fontaine A-F*

**Exhibit Hall Open**

*Fontaine A-F*

## Friday, May 3, 2013

7 – 11 a.m.

Poster Session II Set-up

*Fontaine A-F*

8 a.m. – 5 p.m.

Registration

*Registration Counter &  
Outside of  
Inscription 1 & 2*

8 – 9 a.m.

Breakfast with the Exhibitors

*Fontaine A-F*

8 – 9 a.m.

New & Prospective Member Breakfast

*Le Portage*

8 – 9 a.m.

2014 Program Committee Meeting

*Longueuil*

8 a.m. – 7:45 p.m.

Exhibits Open

*Fontaine A-F*

**9 – 11 a.m.**

**Plenary Session II**

Where Are All The Men? Eating  
Disorders Among Males

*Westmount/  
Outremont/  
Verdun-Lachine-Lasalle*

11 – 11:30 a.m.

Refreshments with the Exhibitors

*Fontaine A-F*

**11:30 a.m. – 1 p.m.**

**Workshop Session III**

**A. What's Eating College Students?**

Findings from a New Eating and Body  
Image Study on University Campuses

*Verdun-Lachine-Lasalle*

**B. How Researchers and Clinicians Can  
Develop Mutually Productive Partnerships:  
Lessons from Two Successful Teams**

*Côte St. Luc*

**C. A Family Protocol to Support the  
Successful Transition of Adolescents  
with Severe Anorexia Nervosa from  
Inpatient to Outpatient Care**

*Outremont*

**D. "What is ARFID" and Other Questions  
for the 21st-Century Eating Disorder  
Specialist**

*Le Portage*

**E. The Current Status of Enhanced  
Cognitive Behavior Therapy (CBT-E):  
A Critical Appraisal**

*Westmount*

**11:30 a.m. – 1 p.m.**

**Scientific Paper Session III**

Body Image & Prevention II

*Jacques Cartier*

**Biology & Medical Complications**

*Hampstead*

Diagnosis Classification & Measurement II

*Fontaine H*

Epidemiology

*Fontaine G*

Treatment of Eating Disorders III

*Mont-Royal*

# Schedule-At-A-Glance

1:15 – 2:15 p.m.	Lunch on Your Own	
<b>1:15 – 2:15 p.m.</b>	<b>Special Interest Group (SIG) Annual Meetings–All Invited</b>	
	Medical Care	Mont-Royal
	Neuropsychology	Outremont
	Health at Every Size	Verdun/Lachine/Lasalle
	Lesbian, Gay, Bisexual & Transgender	St. Lambert
	Information Technology & Eating Disorders	Fontaine G
	Sport & Exercise	Westmount
	Psychodynamic Psychotherapy	Côte St. Luc
	Child & Adolescent Eating Disorders	Hampstead
	Bariatric Surgery	Longueuil
	Student	Pointe Aux Trembles
	Genes & Environment	Jacques Cartier
	Professionals & Recovery	Fontaine H
	Suicide	Le Portage
1:15– 2:15 p.m.	IJED Luncheon (invitation only)	Le Castillon
<b>2:30 – 4 p.m.</b>	<b>Workshop Session IV</b>	
	<b>A.</b> Working with the U.S. Military to Prevent Eating Disorders and Obesity in Adolescent Dependents	Côte St. Luc
	<b>B.</b> Getting to the Heart of the Matter: How Clinicians' Own Emotions Can Help or Hinder Cognitive-Behavior Therapy for Eating Disorders and How We Can Use That Understanding to Improve the Treatment That We Deliver to the Patient	Westmount
	<b>C.</b> Conducting Population-Based Research on Eating and Weight-Related Problems in Adolescents: What We've Learned from Project EAT	Le Portage
	<b>D.</b> Facebook, Twitter and LinkedIn, Oh My! Safe and Ethical Social Media Use in Eating Disorder Clinical Practice and Research	Verdun-Lachine-Lasalle
	<b>E.</b> Engaging the Whole Team to Treat the Whole Patient: Bridging Across Boundaries to Establish a Model of Effective Interdisciplinary Treatment Team Functioning and Planning	Outremont
<b>2:30 – 4 p.m.</b>	<b>Scientific Paper Session IV</b>	
	Body Image & Prevention III	Jacques Cartier
	Diagnosis Classification & Measurement III	Fontaine G
	<b>Gender Ethnicity &amp; Culture II</b>	Fontaine H
	Treatment of Eating Disorders IV	Mont-Royal
	Treatment of Eating Disorders V	Hampstead
4 – 4:30 p.m.	Refreshments with the Exhibitors	Fontaine A-F

# Schedule-At-A-Glance

4:30 – 6 p.m.

## Special Interest Group (SIG) Discussion Panels–All Invited

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| <p><b>A.</b> Male Body Image and Eating Disorder Prevention: What We Know and What We Have Yet to Learn (presented by the Body Image &amp; Prevention SIG, Males and Eating Disorders SIG)</p> <p><b>B.</b> Strategies in Providing Empirically Based Treatment for Complicated Eating Disorders: Comorbid Trauma, Substance Abuse and Borderline Personality Disorder (presented by the Borderline SIG, Trauma and Eating Disorders SIG, Eating &amp; Sleep SIG and Substance Use SIG)</p> <p><b>C.</b> Family Based Treatment from Different Perspectives: The Experiences and Roles of Clinician, Psychiatrist, Physician, Dietitian, and Parent (presented by the Family Based Treatment SIG)</p> <p><b>D.</b> Genes and Environment: The Status of the Field and Implications for Clinical Care (presented by the Genes &amp; Environment SIG)</p> <p><b>E.</b> Using Technology in Providing Clinical Support for Those with Eating Disorders: Conquering Barriers (presented by the Information Technology SIG)</p> <p><b>F.</b> Understanding the Rainbow of Eating Disorders: A Look at Eating Disorders in the Gay, Lesbian, Bisexual and Transgender Community (presented by the LGBT SIG)</p> <p><b>G.</b> Structural or Functional Neuroimaging Differences in Patients with Eating Disorders Before and After Treatment (presented by the Neuroimaging SIG)</p> <p><b>H.</b> Transdisciplinary Practice Within a Multidisciplinary Team (presented by the Nutrition SIG, Psychodynamic SIG, Medical Care SIG, and Inpatient/ Residential SIG)</p> <p><b>I.</b> Eating Disorders Across Race/Ethnic Minority Groups: Challenges and Cultural Specific Adaptations (presented by the Transcultural SIG)</p> | <p><i>Mont-Royal</i></p> <p><i>Hampstead</i></p> <p><i>Côte St. Luc</i></p> <p><i>Westmount</i></p> <p><i>Outremont</i></p> <p><i>Verdun-Lachine-Lasalle</i></p> <p><i>Fontaine G</i></p> <p><i>Fontaine H</i></p> <p><i>Jacques Cartier</i></p> |
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6:15 – 7:45 p.m.

## Meet the Experts

*Le Portage*

6:15 – 7:45 p.m.

## Poster Presentation Session II with Reception Exhibit Hall Open

*Fontaine A-F*  
*Fontaine A-F*

## Saturday, May 4, 2013

7:30 – 8:45 a.m.	Past President's Breakfast (invitation only)	<i>President's Suite</i>
7:30 – 9 a.m.	Sisterhood, Chapter & Affiliate Committee Breakfast Meeting	<i>Le Castillion</i>
8 a.m. – 4 p.m.	Registration	<i>Registration Counter &amp; Outside of Inscription 1 &amp; 2</i>

# Schedule-At-A-Glance

8 – 9 a.m.	Breakfast with the Exhibitors	Fontaine A-F
8 – 9 a.m.	SIG Chairs Follow-Up Meeting	Jacques Cartier
8 – 11:30 a.m.	Exhibits Open	Fontaine A-F
9 – 11 a.m.	<b>Plenary Session III</b> Innovative Treatments for the Eating Disorders: What is Best for Whom and Who Could Be Delivering It?	Westmount/ Outremont/ Verdun-Lachine- Lasalle
11 – 11:30 a.m.	Refreshments with the Exhibitors	Fontaine A-F
11:30 a.m. – 12:30 p.m.	Poster and Exhibitor Dismantle	Fontaine A-F
11:30 a.m. – 1:30 p.m.	<b>Awards Ceremony &amp; Business Meeting</b> (box lunches provided)	Westmount/ Outremont/ Verdun-Lachine- Lasalle
1:45 – 3:45 p.m.	<b>Plenary Session IV</b> Mindfulness & Meditation: Is there a Potential Role in the Prevention and Treatment of Eating Disorders?	Westmount/ Outremont/ Verdun-Lachine- Lasalle
3:45 – 4 p.m.	Refreshment Break	Ballroom Foyer
4 – 5:30 p.m.	<b>Workshop Session V</b>	
	<b>A.</b> Hands-On Tactics for Dealing with Insurance Problems	Jacques Cartier
	<b>B.</b> Working with Clinical Perfectionism	Le Portage
	<b>C.</b> Enhancing Intensive Treatment Efficacy for High Level Athletes with Eating Disorders	Côte St. Luc
	<b>D.</b> Professionals in Recovery: What the Research Tells Us We Know, What We Know We Don't Know, What Is Happening Now and Where We Need to Go from Here	Fontaine G
	<b>E.</b> Maximizing "How Fast Can We Go?" Efficacy, Safety and Tolerability of Refeeding in Anorexia Nervosa	Mont-Royal
	<b>F.</b> Sleep Eaters: Examining the Complex Relationship Between Sleep Disorders, Night Eating Syndrome and Other Eating Disorders	Fontaine H
	<b>G.</b> Enhanced Cognitive Behavior Therapy for Adolescents with Anorexia Nervosa: An Alternative to Family Therapy?	Westmount
	<b>H.</b> Eating Disorders and Obesity as Social Justice Issues: A Conversation and Clarification on a Missing Lens	Hampstead
5:45 – 6:45 p.m.	<b>Research-Practice Think Tank Session</b> Cross-Disciplinary Perspectives on Illness and Recovery: Implications for Research and Practice. Time (Again) to Have Your Say	Le Portage
7:30 – 10:30 p.m.	<b>Closing Social Event</b>	Outremont/ Verdun-Lachine-Lasalle